

Patterns:

Eui-Am



Choong-Chang



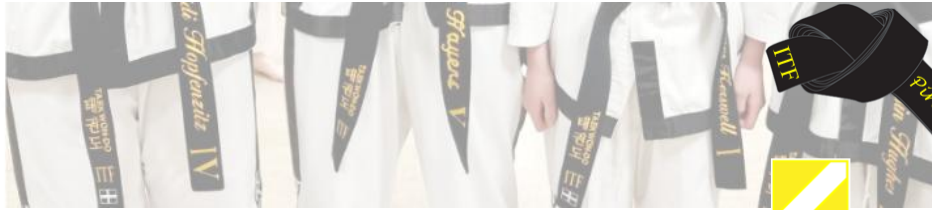
Juche



Eui- Am is the pseudonym of Son Byong Hi, leader of the Korean independence movement on March 1, 1919. The 45 movements refer to his age when he changed the name of Dong Hak (Oriental culture) to Chondo Kyo (Heavenly way religion) in 1905. The diagram represents his Indomitable Spirit, displayed while dedicating himself to the prosperity of his nation.

Choong-Jang is the pseudonym given to General Kim Duk Ryang who lived during the Lee Dynasty, 14th century. This pattern ends with a left-hand attack to symbolize the tragedy of his death at 27 in prison before he was able to reach full maturity.

Juche is a philosophical idea that man is the master of everything and decides everything. In other words, the idea that man is the master of the world and his own destiny. It is said that this idea was rooted in Baekdu Mountain which symbolizes the spirit of the Korean people. The diagram represents Baekdu mountain.

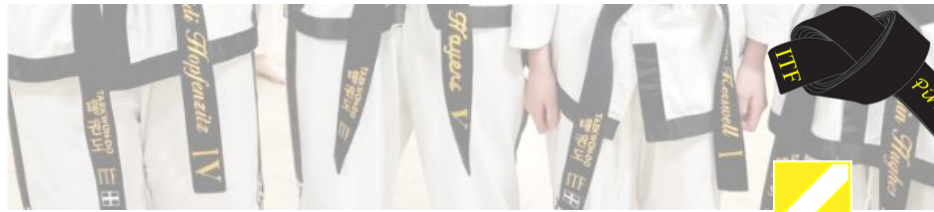


2nd Degree

<p>Pattern: Eui-Am</p> <p>Moves: 45</p> <p>Ready Position: Moa Chunbi Sogi D Close ready stance D</p>	의암
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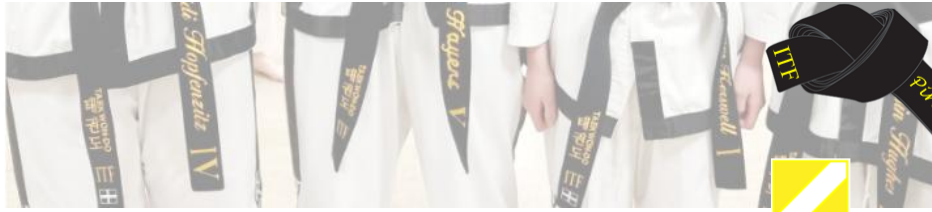
Technique

Step	English	
1	Left walking stance knife-hand low reverse inward block.	Wen gunnun so sonkal najunde bandae anuro makgi.
2	Right walking stance outer forearm high reverse side block.	Orun gunnun so bakat palmok nopunde bandae yop makgi.
3	Right walking stance middle punch.	Orun gunnun so kaunde jirugi.
4	Left low twisting kick, keeping the position of the hands as they were in 3.	Wen najunde bituro chagi, [keeping the position of the hands as they were in 3].
5	Left walking stance X-fist downward block.	Wen gunnun so kyocha joomuk naeryo makgi.
6	Left walking stance knife-hand reverse rising block.	Wen gunnun so sonkal bandae chookyo makgi.
	Perform 5 and 6 in a continuous motion.	
7	Jump, right X-stance back fist high side strike, bringing the left finger belly to the right side fist.	Twiggi, orun kyocha so dung joomuk nopunde yop taerigi, [bringing the left finger belly to the right side fist].
8	Right L-stance middle side punch.	Orun niunja so kaunde yop jirugi.
9	Right middle reverse turning kick.	Orun kaunde bandae dollyo chagi.
10	Stamping motion, sitting stance right knife-hand middle side strike.	[Stamping motion,] annun so orun sonkal kaunde yop taerigi.
11	Left middle side piercing kick, pulling both hands in the opposite direction.	Wen kaunde yopcha jirugi, [pulling both hands in the opposite direction].
12	Left walking stance high reverse crescent punch.	Wen gunnun so nopunde bandae bandal jirugi.
13	Parallel stance left fist middle turning punch. Perform in a slow motion.	Narani so wen joomuk kaunde dollyo jirugi. [Perform in a slow motion.]
14	Right walking stance knife-hand low reverse inward block.	Orun gunnun so sonkal najunde bandae anuro makgi.
15	Left walking stance outer forearm high reverse side block.	Wen gunnun so bakat palmok nopunde bandae yop makgi.



2nd Degree

16	Left walking stance middle punch.	Wen gunnun so kaunde jirugi.
17	Right low twisting kick, keeping the position of the hands as they were in 16.	Orun najunde bituro chagi, [keeping the position of the hands as they were in 16].
18	Right walking stance X-fist downward block.	Orun gunnun so kyocha joomuk naeryo makgi.
19	Right walking stance knife-hand reverse rising block.	Orun gunnun so sonkal bandae chookyo makgi.
	Perform 18 and 19 in a continuous motion.	
20	Jump, left X-stance back fist high side strike, bringing the right finger belly to the left side fist.	Twiggi, wen kyocha so dung joomuk nopunde yop taerigi, [bringing the right finger belly to the left side fist].
21	Left L-stance middle side punch.	Wen niunja so kaunde yop jirugi.
22	Left middle reverse turning kick.	Wen kaunde bandae dollyo chagi.
23	Stamping motion, sitting stance left knife-hand middle side strike.	[Stamping motion,] annun so wen sonkal kaunde yop taerigi.
24	Right middle side piercing kick, pulling both hands in the opposite direction.	Orun kaunde yopcha jirugi, [pulling both hands in the opposite direction].
25	Right walking stance high reverse crescent punch.	Orun gunnun so nopunde bandae bandal jirugi.
26	Parallel stance right fist middle turning punch. Perform in a slow motion.	Narani so orun joomuk kaunde dollyo jirugi. [Perform in a slow motion.]
27	Right walking stance knife-hand middle wedging block.	Orun gunnun so sonkal kaunde hechyo makgi.
28	Right walking stance reverse knife-hand circular block.	Orun gunnun so sonkal dung dollimyo makgi.
29	Left rear foot stance alternate palm downward block.	Wen dwitbal so euhkallin sonbadak naeryo makgi.
30	Left L-stance middle obverse punch.	Wen niunja so kaunde baro jirugi.
31	Shifting motion, left L-stance reverse knife-hand low reverse inward block.	[Shifting motion,] wen niunja so sonkal dung najunde bandae anuro makgi.
32	Left walking stance knife-hand middle wedging block.	Wen gunnun so sonkal kaunde hechyo makgi.
33	Left walking stance reverse knife-hand circular block.	Orun gunnun so sonkal dung dollimyo makgi.
34	Right rear foot stance alternate palm downward block.	Orun dwitbal so euhkallin sonbadak naeryo makgi.
35	Right L-stance middle obverse punch.	Orun niunja so kaunde baro jirugi.



2nd Degree

36	Shifting motion, right L-stance reverse knife-hand low reverse inward block.	[Shifting motion,] orun niunja so sonkal dung najunde bandae anuro makgi.
37	Right high reverse turning kick.	Orun nopunde bandae dollyo chagi.
38	Left rear foot stance forearm middle guarding block.	Wen dwitbal so palmok kaunde daebi makgi.
39	Left high reverse turning kick.	Wen nopunde bandae dollyo chagi.
40	Right rear foot stance forearm middle guarding block.	Orun dwitbal so palmok kaunde daebi makgi.
41	Double-stepping motion, right L-stance knife-hand low reverse block.	[Double-stepping motion,] orun niunja so sonkal najunde bandae makgi.
42	Left walking stance middle reverse punch.	Wen gunnun so kaunde bandae jirugi.
43	Left L-stance knife-hand low reverse block.	Wen niunja so sonkal najunde bandae makgi.
44	Right walking stance middle reverse punch.	Orun gunnun so kaunde bandae jirugi.
45	Right walking stance high punch.	Orun gunnun so nopunde jirugi.
End	Bring the right foot back to ready posture	

Pattern: Choong-Jang

Moves: 52

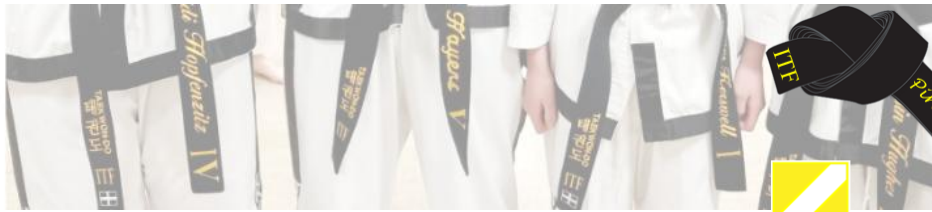
Ready Position:

Moa Chunbi Sogi C | Close ready stance C

충장

Technique

Step	English	
1	Sitting stance right inner forearm side front block, extending the left forearm side-downward.	Annun so orun anpalmok yobap makgi, [extending the left forearm side-downward].
2	Sitting stance left inner forearm side front block, extending the right forearm side-downward.	Annun so wen anpalmok yobap makgi, [extending the right forearm side-downward].
3	Close stance left fist angle punch. Perform in a slow motion.	Moa so wen joomuk giokja jirugi. [Perform in a slow motion.]
4	Left walking stance double finger high reverse thrust.	Wen gunnun so doo songarak nopunde bandae tulgi.
5	Right walking stance double finger high reverse thrust.	Orun gunnun so doo songarak nopunde bandae tulgi.
6	Right walking stance back fist front strike.	Orun gunnun so dung joomuk ap taerigi.



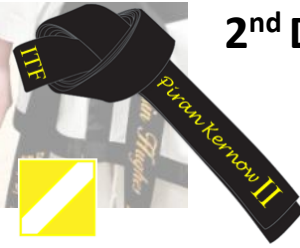
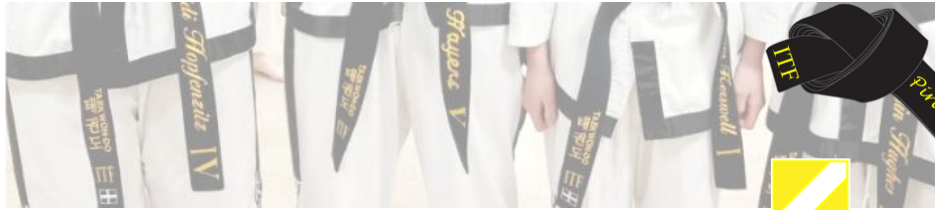
2nd Degree

7	Left walking stance forearm rising block.	Wen gunnun so palmok chookyo makgi.
8	Right walking stance middle punch.	Orun gunnun so kaunde jirugi.
9	Sliding motion, right L-stance forearm middle guarding block.	[Sliding motion,] orun niunja so palmok kaunde daebi makgi.
10	Right low front snap kick, keeping the position of the hands as they were in 9.	Orun najunde apcha busigi, [keeping the position of the hands as they were in 9].
11	Right low stance flat fingertip high thrust.	Orun nachuo so opun sonkut nopunde tulgi.
12	Body dropping, right high turning kick, supporting the body with both hands and the left knee.	[Body dropping,] orun nopunde dollyo chagi, [supporting the body with both hands and the left knee].
13	Right fist high punch, supporting the body with the left palm, the right foot, and the left knee.	Orun joomuk nopunde jirugi, [supporting the body with the left palm, the right foot, and the left knee].
14	Left L-stance side elbow thrust.	Wen niunja so yop palkup tulgi.
15	Left L-stance forearm middle guarding block.	Wen niunja so palmok kaunde daebi makgi.
16	Right L-stance palm reverse scooping block.	Orun niunja so sonbadak bandae duro makgi.
17	Left L-stance knife-hand middle outward strike.	Wen niunja so sonkal kaunde bakuro taerigi.
18	Left walking stance X-fist pressing block.	Wen gunnun so kyocha joomuk noollo makgi.
19	Right knee low front snap kick, pulling both hands in the opposite direction as if grabbing the opponent's leg.	Orun moorup najunde apcha busigi, [pulling both hands in the opposite direction as if grabbing the opponent's leg].
20	Right L-stance knife-hand middle guarding block.	Orun niunja so sonkal kaunde daebi makgi.
21	Sliding motion, right L-stance side elbow thrust.	[Sliding motion,] orun niunja so yop palkup tulgi.
22	Left L-stance knife-hand middle guarding block.	Wen niunja so sonkal kaunde daebi makgi.
23	Right middle side piercing kick, pulling both hands in the opposite direction.	Orun kaunde yopcha jirugi, [pulling both hands in the opposite direction].
2	Right rear foot stance twin palm pressing block.	Orun dwitbal so sang sonbadak noollo makgi.
25	Right walking stance outer forearm high front block, back fist high side strike.	Orun gunnun so bakat palmok nopunde ap makgi, dung joomuk nopunde yop taerigi.
26	Right L-stance flat fingertip high reverse thrust.	Orun niunja so opun sonkut nopunde bandae tulgi.
27	Right low front snap kick, bringing the right palm on the left back hand.	Orun najunde apcha busigi, [bringing the right palm on the left back hand].
28	Left walking stance back elbow reverse thrust, placing the left side fist on the right fist. Perform in a slow motion.	Wen gunnun so dwit palkup bandae tulgi, [placing the left side fist on the right fist. Perform in a slow motion.]



2nd Degree

29	Stamping motion, right L-stance back hand reverse downward strike.	[Stamping motion,] orun niunja so sondung bandae naeryo taerigi.
30	Right L-stance middle obverse punch, punching the left palm.	Orun niunja so kaunde baro jirugi, [punching the left palm].
31	Stamping motion, left L-stance back hand reverse downward strike.	[Stamping motion,] wen niunja so sondung bandae naeryo taerigi.
32	Left L-stance middle obverse punch, punching the right palm.	Wen niunja so kaunde baro jirugi, [punching the right palm].
33	Stamping motion, right L-stance knife-hand middle outward strike.	[Stamping motion,] orun niunja so sonkal kaunde bakuro taerigi.
34	Left walking stance back fist high reverse side front strike, striking the left palm with the right elbow.	Wen gunnun so dung joomuk nopunde bandae yobap taerigi, [striking the left palm with the right elbow].
35	Stamping motion, left L-stance knife-hand middle outward strike.	[Stamping motion,] wen niunja so sonkal kaunde bakuro taerigi.
36	Right walking stance back fist high reverse side front strike, striking the right palm with the left elbow.	Orun gunnun so dung joomuk nopunde bandae yobap taerigi, [striking the right palm with the left elbow].
37	Right L-stance reverse knife-hand low guarding block.	Orun niunja so sonkal dung najunde daebi makgi.
38	Left walking stance reverse 9-shape block.	Wen gunnun so bandae gutja makgi.
39	Left L-stance reverse knife-hand low guarding block.	Wen niunja so sonkal dung najunde daebi makgi.
40	Right walking stance reverse 9-shape block.	Orun gunnun so bandae gutja makgi.
41	Left walking stance twin knife-hand horizontal strike.	Wen gunnun so sang sonkal soopyong taerigi.
42	Left walking stance arc-hand high reverse strike.	Wen gunnun so bandal son nopunde bandae taerigi.
43	Right middle front snap kick, keeping the position of the hands as they were in 42.	Orun kaunde apcha busigi, [keeping the position of the hands as they were in 42].
44	Right walking stance arc-hand high reverse strike.	Orun gunnun so bandal son nopunde bandae taerigi.
45	Left middle front snap kick, keeping the position of the hands as they were in 44.	Wen kaunde apcha busigi, [keeping the position of the hands as they were in 44].
46	Left walking stance middle reverse punch.	Wen gunnun so kaunde bandae jirugi.
47	Left walking stance middle punch.	Wen gunnun so kaunde jirugi.
	Perform 46 and 47 in a fast motion.	



2nd Degree

48	Close stance twin fore-knuckle fist high crescent punch.	Moa so sang inji joomuk nopunde bandal jirugi.
49	Left walking stance knife-hand low block.	Wen gunnun so sonkal najunde makgi.
50	Left walking stance open fist high reverse punch.	Wen gunnun so pyon joomuk nopunde bandae jirugi.
51	Right walking stance knife-hand low block.	Orun gunnun so sonkal najunde makgi.
End	Bring the left foot back to ready posture	

<p>Pattern: Juche</p> <p>Moves: 45</p> <p>Ready Position: Narani so sang yop palkup Parallel stance twin side elbow</p>	<h1>주체</h1>
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Technique

Step	English	
1	Sitting stance inner forearm parallel block.	Annun so anpalmok narani makgi.
2	Right palm middle hooking block, while standing up.	Orun sonbadak kaunde golcho makgi, [while standing up].
3	Sitting stance left fist middle punch.	Annun so wen joomuk kaunde jirugi.
4	Left one-leg stance outer forearm parallel block.	Wen waebal so bakat palmok narani makgi.
5	Right middle side piercing kick, right high reverse hooking kick, consecutively, keeping the position of the hands as they were in 4. Perform in a slow motion.	Orun kaunde yopcha jirugi, orun nopunde bandae dollyo gorochagi, [consecutively, keeping the position of the hands as they were in 4. Perform in a slow motion.]
6	Jump, right X-stance back fist obverse downward strike.	Twiggi, orun kyocha so dung joomuk baro naeryo taerigi.
7	Left middle hooking kick, left high side piercing kick, consecutively, while pulling both fists in front of the chest.	Wen kaunde golcho chagi, wen nopunde yopcha jirugi, [consecutively, while pulling both fists in front of the chest].
8	Stamping motion, sitting stance left flat fingertip high outward cross-cut.	[Stamping motion,] annun so wen opun sonkut nopunde bakuro ghutgi.
9	Left walking stance high elbow reverse strike, pressing the right side fist with the left palm.	Wen gunnun so nopun palkup bandae taerigi, [pressing the right side fist with the left palm].



2nd Degree

10	Right X-stance reverse knife-hand low reverse front block, bringing the right finger belly on the left back forearm.	Orun kyocha so sonkal dung najunde bandae ap makgi, [bringing the right finger belly on the left back forearm].
11	Left L-stance knife-hand middle guarding block.	Wen niunja so sonkal kaunde daebi makgi.
12	Left knife-hand mid-air strike, landing in a right L-stance with the left arm extended.	Wen sonkal twio dolmyo taerigi, [landing in a right L-stance with the left arm extended].
13	Sitting stance inner forearm parallel block.	Annun so anpalmok narani makgi.
14	Left palm middle hooking block, while standing up.	Wen sonbadak kaunde golcho makgi, [while standing up].
15	Sitting stance right fist middle punch.	Annun so orun joomuk kaunde jirugi.
16	Right one-leg stance outer forearm parallel block.	Orun waebal so bakat palmok narani makgi.
17	Left middle side piercing kick, left high reverse hooking kick, consecutively, keeping the position of the hands as they were in 16. Perform in a slow motion.	Wen kaunde yopcha jirugi, wen nopunde bandae dollyo goro-chagi, [consecutively, keeping the position of the hands as they were in 16. Perform in a slow motion.]
18	Jump, left X-stance back fist obverse downward strike.	Twiggi, wen kyocha so dung joomuk baro naeryo taerigi.
19	Right middle hooking kick, right high side piercing kick, consecutively, while pulling both fists in front of the chest.	Orun kaunde golcho chagi, orun nopunde yopcha jirugi, [consecutively, while pulling both fists in front of the chest].
20	Stamping motion, sitting stance right flat fingertip high outward cross-cut.	[Stamping motion,] annun so orun opun sonkut nopunde bakuro ghutgi.
21	Right walking stance high elbow reverse strike, pressing the left side fist with the right palm.	Orun gunnun so nopun palkup bandae taerigi, [pressing the left side fist with the right palm].
22	Left X-stance reverse knife-hand low reverse front block, bringing the left finger belly on the right back forearm.	Wen kyocha so sonkal dung najunde bandae ap makgi, [bringing the left finger belly on the right back forearm].
23	Right L-stance knife-hand middle guarding block.	Orun niunja so sonkal kaunde daebi makgi.
24	Right knife-hand mid-air strike, landing in a left L-stance with the right arm extended.	Orun sonkal twio dolmyo taerigi, [landing in a left L-stance with the right arm extended].
25	Left pick-shape kick, right rear foot stance forearm middle guarding block.	Wen gokaeng-i chagi, orun dwitbal so palmok kaunde daebi makgi.
26	Close stance heaven hand. Perform in a slow motion.	Moa so hanulson. [Perform in a slow motion.]
27	Sliding motion, left rear foot stance straight elbow reverse downward thrust.	[Sliding motion,] wen dwitbal so sun palkup bandae naeryo tulgi.



2nd Degree

28	Right walking stance arc-hand high reverse crescent strike.	Orun gunnun so bandal son nopunde bandae bandal taerigi.
29	Sliding motion, right rear foot stance straight elbow reverse downward thrust.	[Sliding motion,] orun dwitbal so sun palkup bandae naeryo tulgi.
30	Left walking stance arc-hand high reverse crescent strike.	Wen gunnun so bandal son nopunde bandae bandal taerigi.
31	Right walking stance twin knife-hand high inward strike.	Orun gunnun so sang sonkal nopunde anuro taerigi.
32	Left walking stance reverse downward punch.	Wen gunnun so bandae naeryo jirugi.
33	Double step-sliding motion, right L-stance outer forearm reverse downward block.	[Double step-sliding motion,] orun niunja so bakat palmok bandae naeryo makgi.
34	Right dodging reverse turning kick, left L-stance forearm middle guarding block.	Orun pihamyo bandae dollyo chagi, wen niunja so palmok kaunde daebi makgi.
35	Double step-sliding motion, left L-stance outer forearm reverse downward block.	[Double step-sliding motion,] wen niunja so bakat palmok bandae naeryo makgi.
36	Left dodging reverse turning kick, right L-stance forearm middle guarding block.	Wen pihamyo bandae dollyo chagi, orun niunja so palmok kaunde daebi makgi.
37	Treble stepping, flying two direction kick, (side twisting kick) twisting kick with the left foot, side kick with the right foot.	[Treble stepping,] twimyo sangbang chagi, (yop bituro chagi) [twisting kick with the left foot, side kick with the right foot].
38	Left diagonal stance twin palm rising block.	Wen sasun so sang sonbadak chookyo makgi.
39	Sliding motion, right rear foot stance side elbow thrust.	[Sliding motion,] orun dwitbal so yop palkup tulgi.
40	Right bending ready stance B, left middle back piercing kick. Perform in a slow motion.	Orun guburyo junbi sogi B, wen kaunde dwitcha jirugi. [Perform in a slow motion.]
41	Stamping motion, right L-stance back fist reverse horizontal strike.	[Stamping motion,] orun niunja so dung joomuk bandae soopyong taerigi.
42	Parallel stance right flat fingertip high inward cross-cut.	Narani so orun opun sonkut nopunde anuro ghutgi.
43	Flying right fist front punch, right fist upset punch, consecutively, landing in a close stance with the right fist extended.	Twimyo orun joomuk ap jirugi, orun joomuk dwijibo jirugi, [consecutively landing in a close stance with the right fist extended].
44	Right walking stance knife-hand reverse front downward strike.	Orun gunnun so sonkal bandae ap naeryo taerigi.
45	Left walking stance middle reverse punch.	Wen gunnun so kaunde bandae jirugi.
End	Bring the right foot back to ready posture	